

# Age Friendly Knox Project Dashboard



**November 2021  
Project Status**  
On track

## 2019: Project Established

Knox joined the WHO Global Network of Age Friendly Cities and Communities

Detailed Project Plan developed

## 2020: Project Planning

Age-friendly Team established

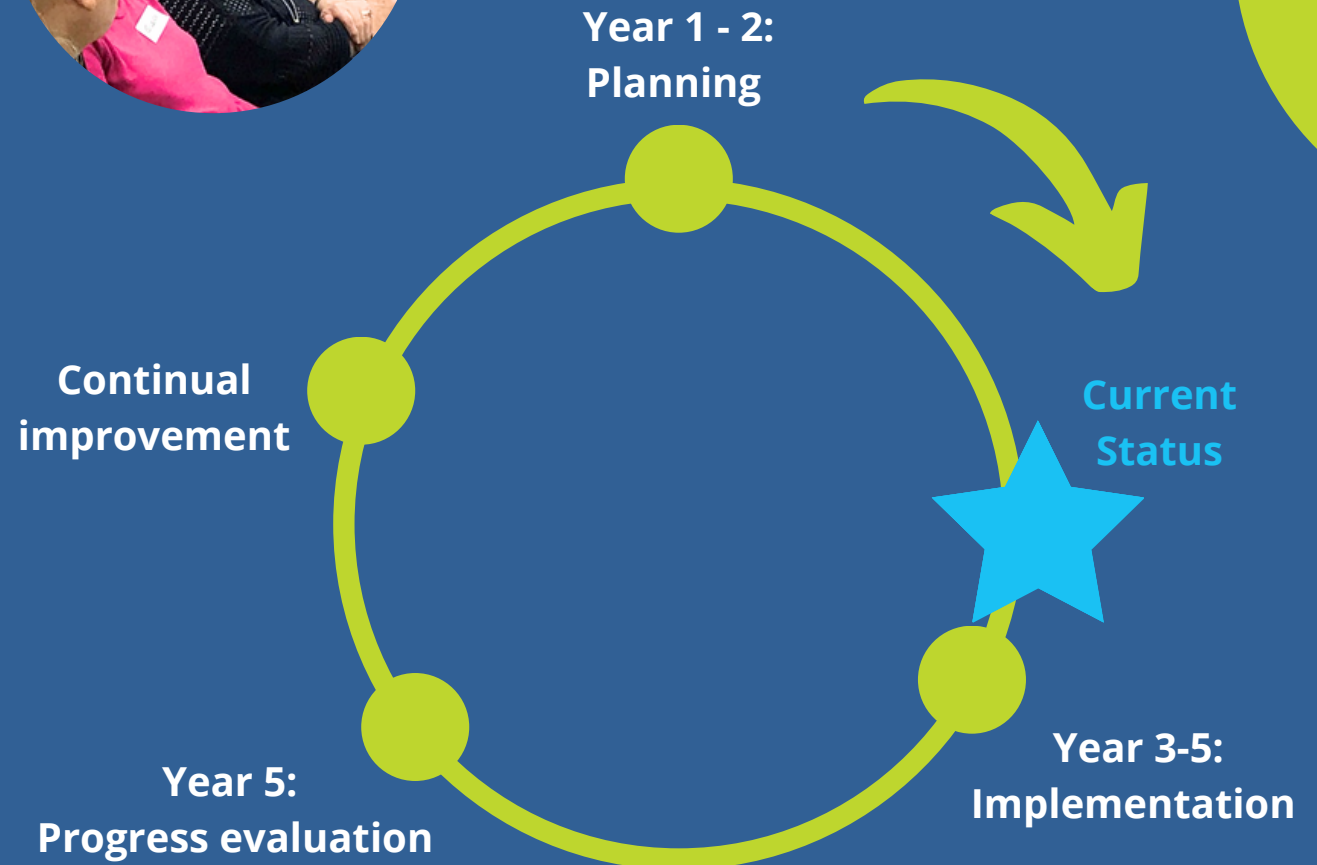
Mechanisms to involve older people strengthened

Baseline assessment conducted

## 2021: Project Planning

Action Plan drafted

(Child Youth and Seniors Plan)



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knox your city



December 2022  
Project Status On track

## 2022: Project Implementation

The Knox Child, Youth & Seniors Plan 2021-2025 adopted by Council

Showcase of Living Options for Knox Over 55s event held

Seniors Exercise Park opened at Carrington Park, Knoxfield and Seniors Exercise Park Champions (volunteers) recruited and trained

Partnership with Dementia Australia established and Knox Dementia Advisory Group formed

Knox Digital Connection Stakeholders Group formed

Ageism Awareness day held



Continual  
improvement

Year 1 - 2:  
Planning

Year 5:  
Progress evaluation

Year 3-5:  
Implementation

Current  
Status



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**December 2023**  
**Project Status On track**

Knox Dementia Friendly Action Plan 2023-25 endorsed by Council

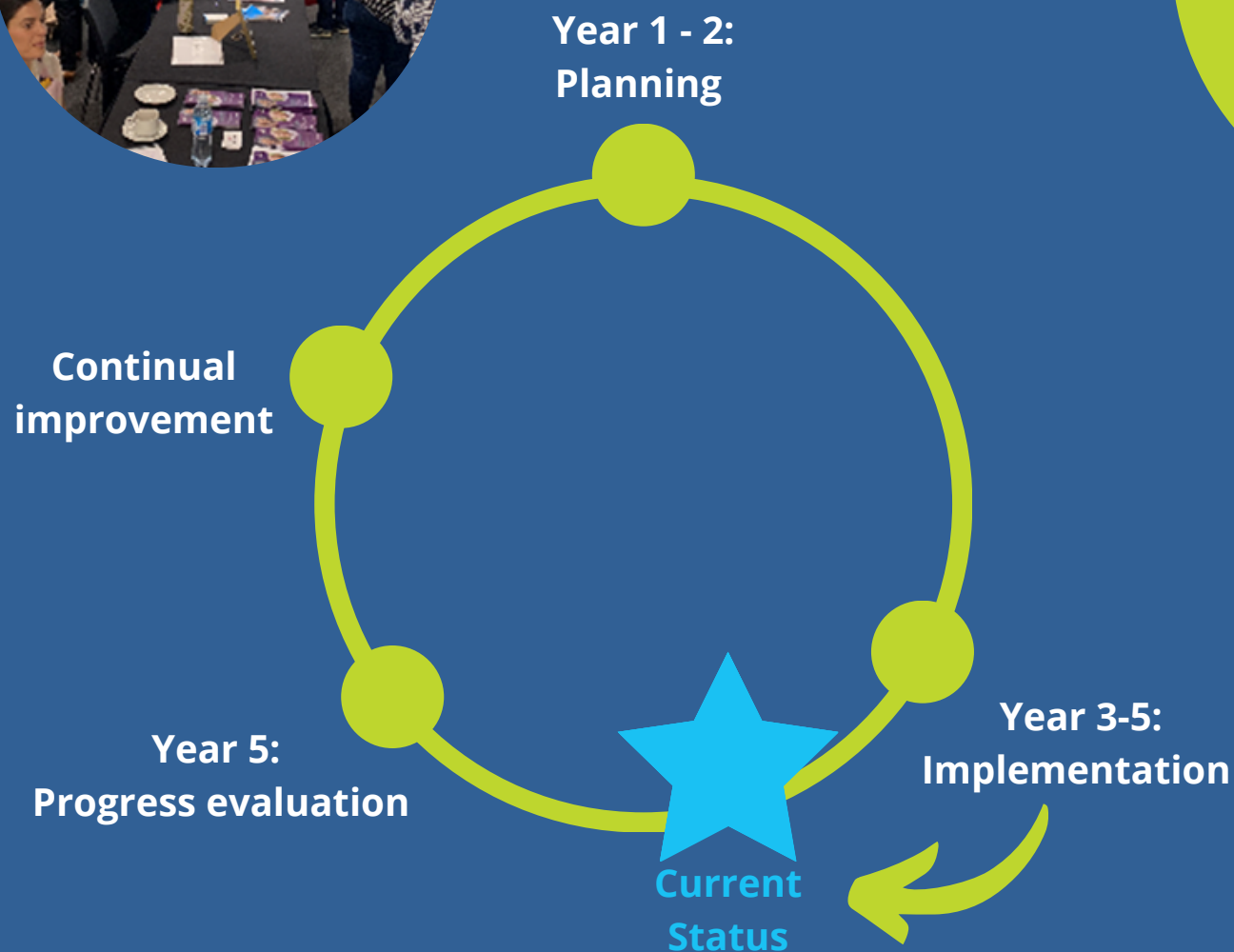
Delivered Knox Dementia Friendly Launch and Mini-Expo

Supported the development of sustainable intergenerational programs within the Knox Community including The Basin Kindergarten and Martin Luther Homes Aged Care

Voices of Over 55s - photography exhibition reactivated

Age Awareness Workshop: What's Age got to do with it?

2023: Progress evaluation: an end-point Knox Age-Friendly Cities 2023 survey received 627 responses



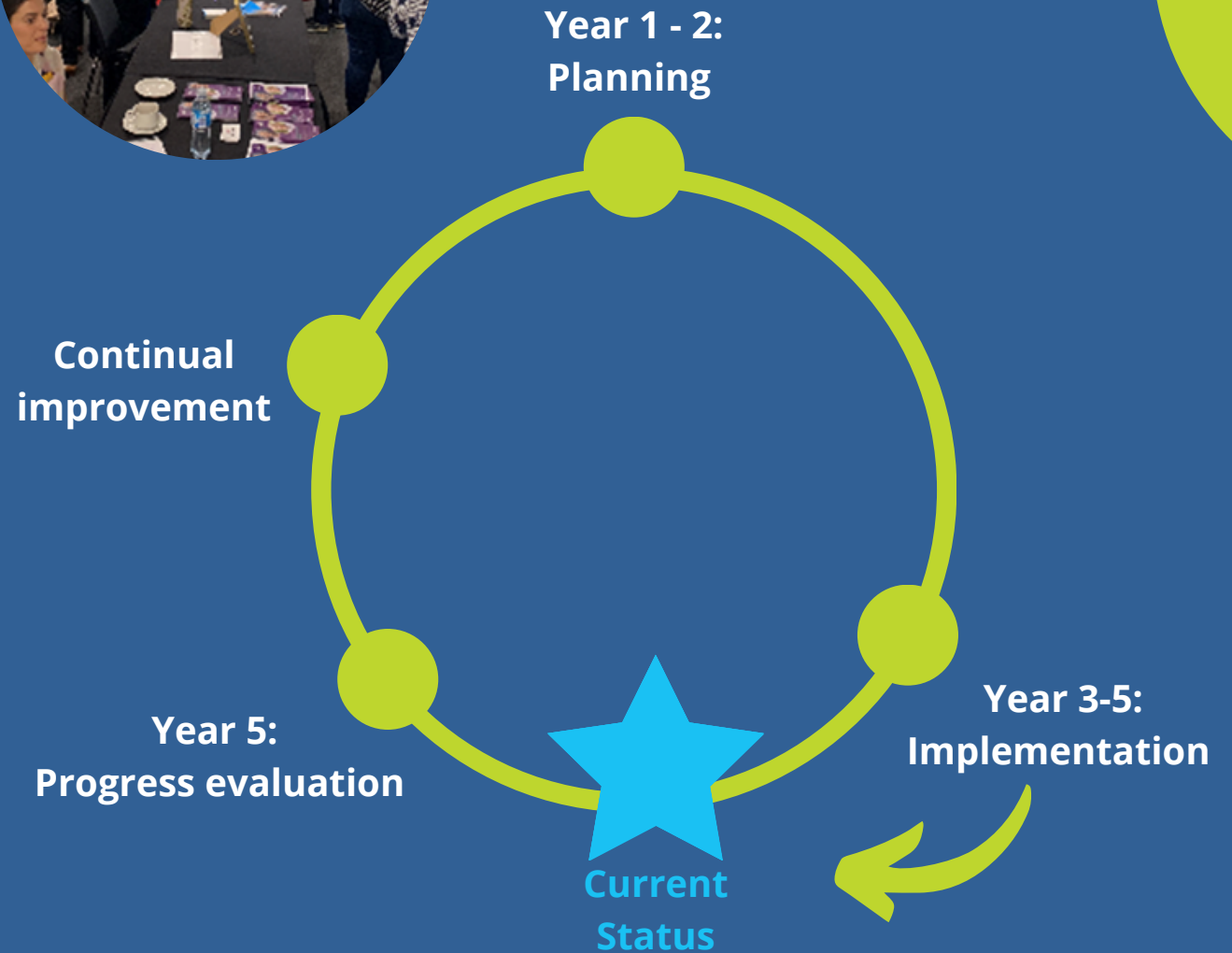
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April 2024

Project Status On track

2024: Progress evaluation: a series of Focus Groups conducted on the topics of safety, transport, cost of living and emergency management and preparedness





## What we have achieved so far

### **Mechanisms strengthened**

- Knox Bright Ideas Network
- Knox Active Ageing Advisory Committee
- Age Friendly Futures Project Team
- Knox Dementia Advisory Group
- Knox Digital Connection Stakeholder Group
- Knox Seniors Exercise Park Champions trained

### **Baseline established**

- 1,182 residents completed the Age Friendly Knox survey
- Age Friendly Knox Survey Results 2020 infographic developed

### **Focus Group Discussions held**

- Affordable and Alternative Housing (12 attendees)
- Gardening Services and Supports (25 attendees)
- Building Confidence through Physical Activity (7 attendees)
- Internet Access and Computer Skills (13 attendees)
- Dementia Friendly Communities (22 attendees)
- Community Safety (15 attendees)
- Community Transport (15 attendees)
- Stretching your weekly budget (9 attendees)
- Emergency Planning and Preparedness (10 attendees)

### **Age Friendly Futures Steering Committee meetings held**

- 29 meetings held

### **Action Plans endorsed**

- Child Youth and Seniors Plan 2021-2025 Note: Community survey conducted (150 respondents preferred term is Seniors)
- Knox Dementia Friendly Action Plan 2023-2025

### **Progress evaluation commenced**

- 627 residents completed the Age Friendly Knox 2023 survey



## What we will do next

- Develop Evaluation Report
- Schedule end of project reflection workshop